

BCU Level 5 Assessment Booking Form



Please complete the following details and return to Joanne Simpson by post to British Canoe Union, National Water Sports Centre, Adbolton Lane, West Bridgford, Nottingham, NG12 2LU.

Name:	BCU Number:
Daytime Contact Number:	
In case of Emergency, please co	ontact:
Name:	Telephone:
	·
Please state any Medical Problem	ms:
Assessment Date:	Discipline:
Number of long-term students: Are any of your long-term stude	nts under 18?
l enclose cheque / Visa / Masterca	2100 required two months prior to the assessment date). and / Switch (please delete as appropriate). to 'BCU'. Card details can be completed below.
Card No:	
Valid From: / Expiry Date	e:/ Security Code: Issue No
Card holders name and address if	different to above:
BOOKING CONDITIONS – Please	e read and sign to accept the following conditions
	of payment in full, and confirmation of prerequisites
I am physically fit for the activities I pla	
The activity I undertake may be hazard	
If you cancel the BCU are not able to o	
(we will do our best to ensure your ass	I be refunded in full, or your credit transferred to a future assessment
(we will do our best to ensure your ass	sessifient is rescrieduled)
Signature:	Date:

Bookings will only be accepted where these conditions have been accepted



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Please enclose the following;

1. Completed Level 5 C1

This is returned to (stamped for assessment) after completion of your training course. The C1 is valid for three years from the date of training (unless otherwise stated)

2. A copy of your valid first aid certificate

minimum 2 days as per BCU Five Star Leader Award

3. A copy of your action plan

This is normally formulated during the Level 5 training course and re-aligned during contact with your Mentor

4. Mentors letter of support and session narrative -

Your Mentor is required to write a letter of support that includes:

- a formal recommendation for you to attend the specific assessment
- an endorsement that you have completed the relevant elements of your action plan
- a session narrative this is written following a day where your Mentor observes you coaching. It is written by the Mentor as feedback for you, and requires a clear indication that Level 5 coaching behaviours were observed
- 5. £100 Deposit

6. Level 5 Project

The following will also be checked prior to accepting your booking;

- 1. You hold current comprehensive membership of the relevant Home Nation Association
- 2. Your trainee status is valid (or an extension has been granted)